

**YES!** I want to support children & families in Eastern Kansas!

**DONOR LEVELS**

- Visionaries Circle (\$1000+)
- Benefactors Circle (\$500-999)
- Founders Circle (\$250-499)
- Celebration Circle (\$100-249)
- Friends Circle (\$50-99)
- Supporters Circle (\$25-49)
- Multi-Year Gift: \$\_\_\_\_\_ for \_\_\_\_\_ years

**PAYMENT INFORMATION**

- CHECK ENCLOSED FOR.....\$ \_\_\_\_\_
- CREDIT CARD\*.....\$ \_\_\_\_\_
  - Visa    Mastercard    Discover
  - Card # \_\_\_\_\_
  - Exp. Date \_\_\_\_\_ / \_\_\_\_\_ 3-Digit Code \_\_\_\_\_
  - Signature \_\_\_\_\_

\* For security reasons, you may contact Child Care Aware® of Eastern Kansas with your credit card or bank information rather than send it in on this form.

- MONTHLY AUTOMATIC BANK DRAFT... \$ \_\_\_\_\_
- BILL ME.....\$ \_\_\_\_\_
  - Monthly    Quarterly    Semi-Annually

NAME \_\_\_\_\_

SPOUSE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_ WORK PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

- YES! I want to volunteer.
- I have enclosed a check for the endowment fund.....\$ \_\_\_\_\_

Please mail your completed form to:  
**ERC Resource & Referral, Inc., d/b/a**  
**Child Care Aware® of Eastern Kansas**  
 1100 SW Wanamaker Road, Suite 101, Topeka, KS 66604

*Become a Donor*

Your contribution to Child Care Aware® of Eastern Kansas supports programs and services that improve the quality and accessibility of child care for working families.

Donors choose their level of financial support and receive notices of special programs, workshops and invitations to attend special events just for them! Additional donor benefit information can be found on our website, [east.ks.childcareaware.org](http://east.ks.childcareaware.org).

*Become a Volunteer*

Volunteers provide administrative support, help maintain our Resource Lending Libraries, serve on task teams, write for our newsletter, and assist with programs, promotional activities and special events. The most popular activity includes assisting with the annual Designers' Showhouse.

If you would like to volunteer, please return the form at left or call the office closest to you for more information.

**Topeka Office**  
 1100 SW Wanamaker Road,  
 Suite 101  
 Topeka, KS 66604  
 785-357-5171 phone  
 1-877-678-2548 toll free  
 785-357-1813 fax

**Lawrence Office**  
 2706 Iowa, Suite C  
 Lawrence, KS 66046  
 785-865-0669 phone  
 1-877-678-2548 toll free  
 785-856-2590 fax

**Pittsburg Office**  
 105 West 3rd Street  
 Pittsburg, KS 66762  
 620-232-9700 phone  
 1-877-678-2548 toll free  
 620-232-5554 fax

[east.ks.childcareaware.org](http://east.ks.childcareaware.org)  
[info@east.ks.childcareaware.org](mailto:info@east.ks.childcareaware.org)



# About Us...

Founded December 4, 1978, as Everywoman's Resource Center, Child Care Aware® of Eastern Kansas is a non-profit organization that supports the development and learning of young children by offering programs and services that improve the quality and accessibility of child care for working families.

The agency continually meets or exceeds outcome benchmarks that measure the effectiveness of programs and services, and is known for their commitment to excellence. Recent recognition includes receiving the Non-Profit Award of Distinction from the Greater Topeka Chamber of Commerce in 2011, and receiving National Quality Assurance (accreditation) through Child Care Aware® of America in 2012.

The agency is supported through a variety of sources including the Kansas Department for Children & Families through Child Care Aware® of Kansas, the Kansas Children's Cabinet, the Topeka Community Foundation, the Kansas Health Foundation, the United Way (Topeka and Lawrence), the Greater Topeka Chamber of Commerce, individual donors, grants and special projects. The Designers' Showhouse, a grassroots fundraiser in Topeka where area designers and craftsmen transform a selected home each year for public tours, also provides critical support for our agency.

*Child Care Aware® of Eastern Kansas serves the counties shown in red.*



## Services to Child Care Programs

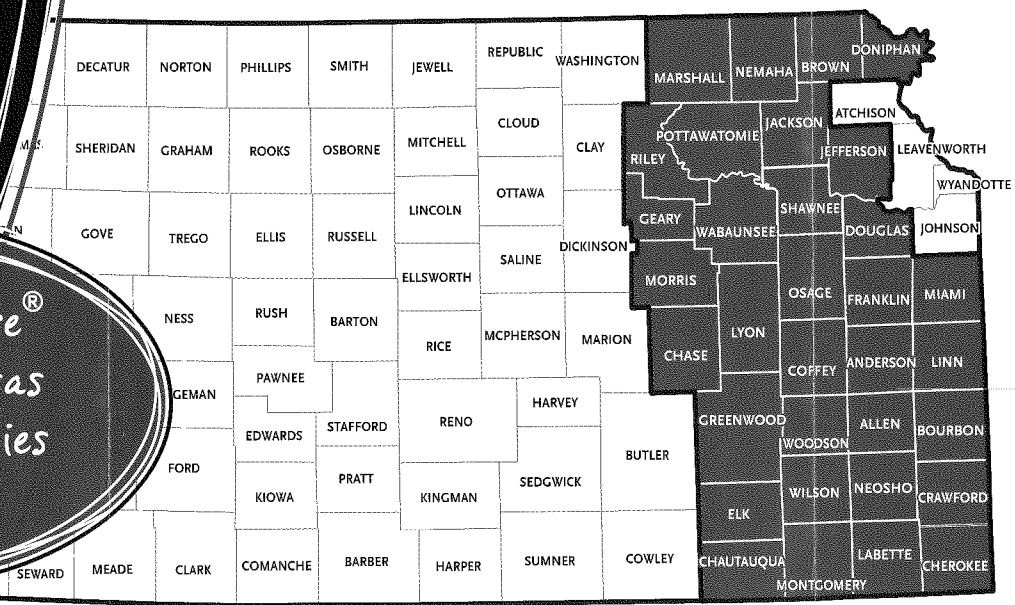
- Professional development opportunities.
- Technical assistance by phone and on-site, providing strategies for improving child care practices.
- Information and resources including a bi-monthly newsletter and access to curriculum through a Resource Lending Library.

## Services to Families

- Current listings and vacancy information on regulated child care for families.
- Guidelines for choosing high-quality child care.
- Educational and networking opportunities for parents.
- "Help line" with answers to parenting questions.
- Referrals to community resources helpful to families.

## Services to Community Partners & Businesses

- Assistance for businesses interested in helping employees with work/family issues, including child care.
- Opportunities for working parents to learn about child development through "Lunch and Learn" sessions conducted at the business site.
- Supply and demand data regarding child care.





# Watch Me Grow!

## Child Development Chart

Child Care Aware® of Kansas would like to provide you with this information to assist you in monitoring your child's growth and development. Please remember, children develop at their own pace and may not follow the guidelines below. If you have concerns, please follow up with your child's doctor/medical home.

Age	Physical	Cognitive	Social/Emotional	Language
Birth to 5½ months	Lifts head while laying on tummy	Gazes at, then tracks faces and objects with high contrast	Makes eye contact	Turns head to find sound
	Brings hands to midline	Finds hand and feet	Can be comforted by parent or child care provider	Makes vowel sounds like eee, ahh, ooo
	Turns from stomach to back or back to stomach	Bats at objects	Comforts self in some way	Takes turns making sounds with parents and child care provider
	Sits WITH support			
5 ½ months to 8 months	Sits WITHOUT support	Briefly looks at pictures in a book	Shows separation anxiety	Associates some sounds with objects and people
	Rolls, scoots, and stands while holding on to stable object	Experiments by throwing, dropping, shaking, and banging objects	Enjoys simple games like "peek-a-boo"	Says single syllables like ba, ma, pa
	Transfers objects from hand to hand	Puts things in mouth		Repeats like "babababa"
	Pulls to stand			
8 months to 14 months	Lowers self to sit	Examines small objects and detail	Knows the difference between familiar people and strangers	Responds to simple requests
	Walks	Repeats interesting activities	Plays simple, imitative games like "pat-a-cake"	Understands "no"
	Points with finger	Remembers the location of hidden objects	Initiates interactions with familiar people	Points and gestures to communicate
	Uses thumb and pointer finger to pick up objects (pincer grasp)			May say a few words including "mama" and "dada" specifically
14 to 24 months	Walks backwards	Uses trial and error to solve problems	Says "no" often	Says about 50 words
	Throws ball forward	Takes apart simple objects and puts them back together	Imitates adult behavior and activities	Follows a one-step direction such as, "Pick up your shoes."
	Walks up stairs while holding railing	Explores Cabinets and drawers	Tries to comfort others in distress	Imitates adult inflections
	Rides on toys without pedals	Overcomes simple obstacles	Plays by self for a short period of time	Points to at least six body parts
	Scribbles	Knows some animal sounds		Names some picture

Continued on back...

# Child Development Chart ... continued from front

Age	Physical	Cognitive	Social/Emotional	Language
24 to 36 months	Balances on one foot	Concentrates on tasks	Begins to express feelings in socially acceptable ways	Understands actions and events in simple story books
	Pedals a tricycle	Begins to solve problems more logically	Has fears	Use multi-word sentences
	Walks up and down steps alternating feet	Remembers events and places	Begins to understand and follow simple rules	Asks and answers simple questions
	Begins to use scissors	Matches and groups objects that are alike	Desires routines	Listens closely to conversations
	Builds with blocks			
3 to 4 years	Catches a large ball	Notices how things are alike and different	Uses negative words such as "don't" and "won't"	Uses three and four word sentences
	Throws with more control	Recites numbers	Tests limits that are set	Follows more difficult directions
	Snips with scissors	Predicts effects of own actions	Becomes curious about his body parts and own gender	Makes up silly words
	Builds with blocks	Shows interest in people and things in the community	Enjoys company of peers	Asks "why" and "how" questions
	Grips pencil with fingers		Learns to share and take turns	Repeats songs and rhymes
4 to 5 years			Has difficulty distinguishing real from make-believe	Recognizes familiar words and signs
	Climbs	Tells the sequence of events in a story	Likes to socialize with peers	Uses longer, more complex sentences
	Hops	Tries different actions to solve a problem	Enjoys situations away from home	Retells familiar stories and predicts story endings
	Cuts with scissors	Organizes collections of objects into groups	Changes mood quickly	Uses language to expand and extend play
	Copies simple figures	Shows interest in family tradition	Changes the rules to benefit self	
5 to 6 years	Buttons and unbuttons	Says full name and address		
	Balances while walking a straight line	Becomes aware of rules and manners	Understands acceptable/unacceptable behaviors	Uses two or three complex sentences together
	Shows interest in writing numbers and letters	Practices recognizing numbers 1-10	Shows pride and confidence in own accomplishments	Describes a sequence of events
	Writes own name	Uses logical thinking when playing games	Shows interest in fairness and making rules	Expresses feelings with words
	Cuts a curved line	Begins to understand a week or month as a unit of time	Has preferences in special friends	Negotiates rules
	Zips and unzips a zipper	Enjoys following familiar routines and predicting what will happen next		May have trouble pronouncing the r, v, l, th, j, and z sounds

Information obtained from Parents as Teachers National Center, Inc.



Kansas' most trusted child care resource.

Toll free: 1-877-678-2548 • [www.ks.childcareaware.org](http://www.ks.childcareaware.org)